

# Adult Brief Guide

SIZE	HEIGHT			WEIGHT
	4'10"-5'2"	5'3"-5'8"	5'9"-6'4"	
SMALL	80-115 lbs	80-125 lbs	*Not recommended	
MEDIUM	116-145 lbs	126-160 lbs	80-170 lbs	
LARGE	146-200 lbs	161-225 lbs	171-235 lbs	
EXTRA LARGE	201-250 lbs	226-260 lbs	236-270 lbs	
2XL	251-360 lbs	251-380 lbs	251-390 lbs	
3XL	361+ lbs	381+ lbs	391+ lbs	

