

COVID-19 PANDEMIC

Impacts on Incontinence

We asked over 2,500 people in the height of the pandemic how COVID-19 altered their bathroom and exercise schedules. **Almost 1/4 of respondents experienced more frequent urges to urinate after contracting COVID-19.**



74%

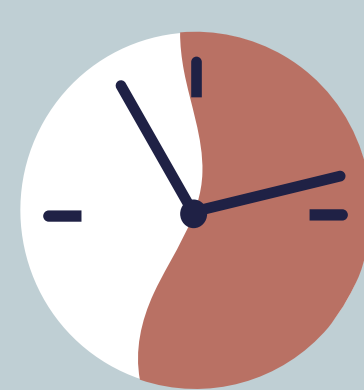
reported **sitting for more extended periods** since the pandemic started

41%
exercised less
compared to before
the pandemic



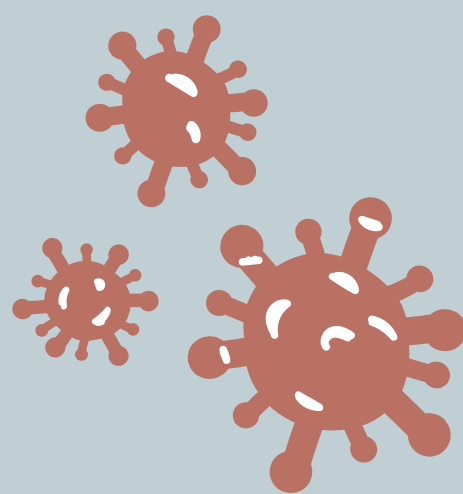
40%
of the survey
respondents sit for
7+ hours per day

40%
of respondents
experienced an **increased
urge to urinate**

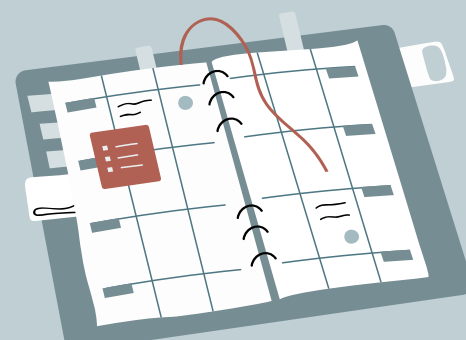


14%
urinated more
than **7 times**
in **24 hours**

43%
reported an
**increase in trips
to the bathroom**



22%
who had **COVID-19**
reported more **frequent
urges to urinate**



**1/4 altered their
schedules** to urinate
more often