## TRAVEL Check List

## **Important Document**

- Passport
- Identification
- **Travel Tickets**
- Travel documents
- Money : cash / credit cards / traveler's checks
- Vaccination Record
- Important Contact
- Travel guide / Maps
- Hotel Reservation

## **Incontinence Supplies**

- Adult briefs & pull-ons
- Kids' diapers & pull-ups
- Catheters & catheterizing supplies
- Wipes & toilet paper
- Laundry bag or trash bags
- Skin ointment
- Gloves
- Mattress pads
- Furniture pads



- Bladder-friendly snacks
- Extra clothes

Clothing

Shirts

Pants

**Travel Tickets** 

Underwear

Sweaters

Socks

- Extra incontinence products
- Dark clothes for travel accidents



