## Spinal Cord Injury & the Bladder

## What Is Spinal Cord Injury?

An SCI occurs due to damage to any area of the spinal cord or nerves at the end of the spinal canal. This damage can cause lifelong alterations in different sensations and functions below the area of injury.

## Levels of Injury That Cause Incontinence

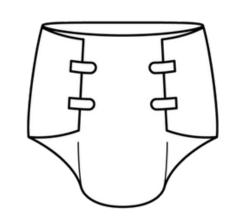
- 1. Injuries Above the Sacral Nerve Level: Can lead to bladder leakage, urinary tract infections, & back flow into kidneys.
- 2. **Injuries at the Sacral Nerve Level:** Can lead to stress incontinence.



## Treatments for SCI & Urinary Incontinence



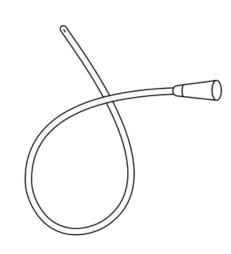
Free incontinence products or low-cost catheters with Aeroflow Urology



Adult or pediatric briefs or diapers for heavy leakage



Adult or pediatric pull-ons or pull-ups for lighter leakage



Different types of catheters for at-home selfcatheterization