

3 LEVELS OF AUTISM

1

LEVEL 1: REQUIRING SUPPORT

People diagnosed with Level 1 autism can generally function in daily life with minimal support and accommodations. They may find it hard to maintain relationships or switch from one activity to the next.

2

LEVEL 2: REQUIRING SUBSTANTIAL SUPPORT

People diagnosed with Level 2 autism require substantial support in order to interact with others and may feel distress when changing to a new activity.

3

LEVEL 3: REQUIRING VERY SUBSTANTIAL SUPPORT

Individuals diagnosed with Level 3 autism need a great deal of support in their everyday activities. Communication of any type may be a challenge and changes in routine or activities may cause extreme distress.