

# 10 Tips for Potty Training With ADHD

01

Consult Your  
Pediatrician

02

Use a  
Squatty Potty

06

Get Free Diapers  
or Pull-Ups

07

Try  
Underwear

03

Practice Timed  
Toileting

08

Use  
Positive Rewards

04

Go  
Slow

05

Recognize  
the Signs

09

Use a  
Toileting Watch

10

Keep Your  
Child Hydrated

