



CAUSES OF BLADDER & PELVIC FLOOR PROBLEMS IN SENIORS

Bladder	Pelvic Floor	Other
Tissue Breakdown	Muscle Waste	Arthritis
Weakened Detrusor Muscle	Constipation	Functional Incontinence
Hormonal Changes		Heart Conditions
Prostate Enlargement		Diuretic Medications
Loss of Bladder Control		High Blood Pressure
Constipation		Neurological Conditions
		BPH