8 Questions to Ask Your Doctor

About Incontinence

Print this sheet and take it with you to your doctor's appointment for incontinence!

1. What is the most likely cause of my symptoms?

2. What kinds of tests do I need? Do they require special preparation?

3. Is my urinary incontinence temporary?

4. Are there different types of incontinence?

5. I have other health conditions. How can I best manage my conditions together?

6. What treatments are available?

7. Should I anticipate any side effects from the treatment?

8. What does follow-up look like?