

## ESTROGEN THERAPY SIDE EFFECTS

Relaxed pelvic floor muscles, leading to stress incontinence or urge incontinence

Prostate issues like benign prostatic hyperplasia (BPH)

Nocturia

Incomplete emptying of the bladder

## TESTOSTERONE THERAPY SIDE EFFECTS

Vaginal dryness

Urinary urgency

Pelvic pain

Urinary tract infection (UTI)

