

Helping Your Older Child With Incontinence



Communicate

It's imperative that your loved one feels safe talking to you about their incontinence symptoms and that they're transparent.

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Stay Positive

It's important for your child to hear that they are not alone and the incontinence is not their fault.



Address Bullying

It is important the bully understands incontinence is not purposeful and is a medical condition with which your child is struggling.



Use Incontinence Products

Use potty watches, youth pull-ups, or youth diapers that encourage independence.