## HIGH BLOOD PRESSURE

# Medications

## Alpha-Blockers

#### Names

- Tamsulosin (Flomax)
- Minipress (Prazosin)
- Cardura (Doxazosin)
- Uroxatral (Alfuzosin)
- Terazosin

## **Urinary Side Effects**

- Prevent bladder from contracting, causing overflow incontinence
- Leaking urine during the day or night, urine stopping & starting, feeling of bladder fullness after urinating

#### **Diuretics**

#### Names

- Aldactone (Spironolactone)
- Bumex (Bumetanide)
- Demadex (Torsemide)
- Esidrix (Hydrochlorothiazide)
- Lasix (Furosemide)
- Zaroxolyn (Metolazone)

### **Urinary Side Effects**

- Cause kidney to filter excess fluid and salt faster, causing overactive bladder
- Frequent urination, urine leakage, increased trips to the bathroom, intense urge to empty bladder