## TRAVEL Check List

## **Important Document**

- Passport
- Identification
- Travel Tickets
- Travel documents
- Money: cash / credit cards / traveler's checks
- Vaccination Record
- Important Contact
- Travel guide / Maps
- Hotel Reservation

## **Clothing**

- Shirts
- Pants
- Travel Tickets
- Underwear
- Sweaters
- Socks

## **Incontinence Supplies**

- Adult briefs & pull-ons
- Kids' diapers & pull-ups
- Catheters & catheterizing supplies
- Wipes & toilet paper
- Laundry bag or trash bags
- Skin ointment
- Gloves
- Mattress pads
- Furniture pads

- Reusable water bottles
- Bladder-friendly snacks
- Extra clothes
- Extra incontinence products
- Dark clothes for travel accidents

