## INCONTINENCE CLEANING CHECKLIST



## **CLEANUP KIT ITEMS**



- Gloves
- Goggles or protective eyewear
- Mask or stink balm
- O Extra incontinence products
- Clean clothing
- O Paper towels and towels
- Clean cloths

- O Disposable bags
- $^{\bigcirc}$  Adult diaper bin
- Odor-absorbing products
- O Car air freshener
- O Spray bottle
- Disinfectant

## **CLEANING TIPS**

- Clean the area as soon as possible.
- Blot the area with a towel or paper towel to soak up excess urine to ensure it doesn't get rubbed into the surfaces.
- Use odor removers on tough odors.

## **LAUNDRY TIPS**

- Rinse soiled garments to help remove stains.
- Use a cleaning solution or simple mix of baking soda and water to break down stains and odors before
- washing.
- Select a detergent specifically designed for tough stains and odors for the laundry process.