



8 Tips

To Handle Potty Training Regression

- 1** IDENTIFY THE CAUSE
- 2** REMAIN CALM
- 3** PAY ATTENTION TO BOWEL MOVEMENTS
- 4** KEEP ROUTINES CONSISTENT
- 5** USE POSITIVE REINFORCEMENT
- 6** ENCOURAGE TIMED VOIDING
- 7** USE A REWARD SYSTEM
- 8** COMMUNICATE EXPECTATIONS

