

# Overactive Bladder (OAB) Medications

The right medicine for bladder control depends on the type of urinary incontinence you have. Most medications used to manage incontinence treat overactive bladder. The main FDA-approved prescription categories include anticholinergics and beta-3 agonists.

## Anticholinergic Medications

### Medications:

- Oxybutynin
- Solifenacin
- Tolterodine
- Trospium
- Darifenacin
- Fesoterodine

### Side Effects:

- Dry mouth
- Constipation
- Cognitive disturbance
- Blurred vision
- Urinary retention



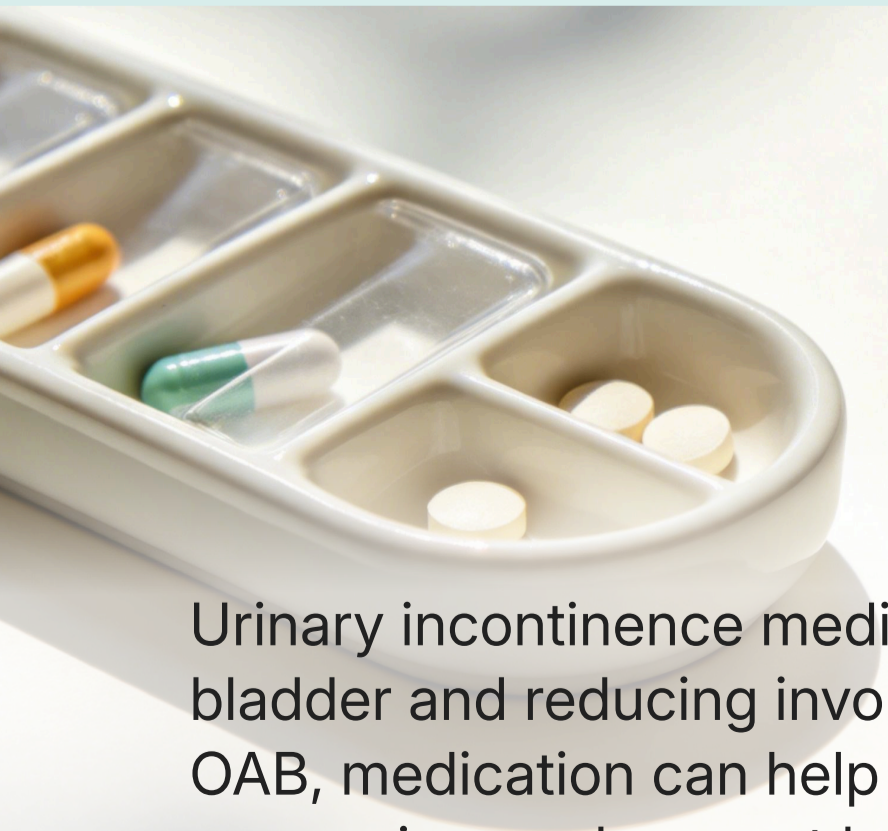
## Beta-3 Agonist Medications

### Medications:

- Myrbetriq (mirabegron)
- Gemtesa (vibegron)

### Side Effects:

- Hypertension
- Diarrhea
- Nausea
- Upper respiratory infection
- Urinary retention



## How Does Urinary Incontinence Medication Work?

Urinary incontinence medications work by calming the bladder and reducing involuntary contractions. If you have OAB, medication can help you control sudden urges, hold more urine, and prevent leaks.